



Changing Myself

Manila, Philippines

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This reflection was written by Afra fcJ, inspired by the FCJ Constitutions, #276. It was first posted by Audrey, fcJ on her blog, surprising-grace.blogspot.com.

What I cannot accept about others
reveals aspects of me that I haven't fully accepted
What annoys me about others and my surroundings
speaks of disharmony inside me that calls out for balance
What triggers my disproportionate behaviours
points to brokenness within me that needs healing
What inspires me about others
awakens my deep desires
and what are my deep desires
but God's desires in me, and for me?

I can only change myself.

The time for conversion is today,
is now.

I don't have to wait for tomorrow
because there is always something I can change about myself today ... now.

Conversion is continual;
it is always now.

It does take awareness
It does need humility, and gentleness
to change myself only
and to do it now and always.

(I look at my Beloved,
and my Beloved smiles and says,
"I love you!")



“ Um diesen Namen, Treue Gefährtinnen Jesu, zu tragen, würde ich alles hergeben, alles was ich bin... ”

Marie Madeleine d'Houët

Treue Gefährtinnen Jesu

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