

# Changing Myself

Manila, Philippines

Minggu, 6-Jan-19



*This reflection was written by Afra fcJ, inspired by the FCJ Constitutions, #276. It was first posted by Audrey, fcJ on her blog, [surprising-grace.blogspot.com](#).*

What I cannot accept about others  
reveals aspects of me that I haven't fully accepted  
What annoys me about others and my surroundings  
speaks of disharmony inside me that calls out for balance  
What triggers my disproportionate behaviours  
points to brokenness within me that needs healing  
What inspires me about others  
awakens my deep desires  
and what are my deep desires  
but God's desires in me, and for me?

I can only change myself.

The time for conversion is today,  
is now.

I don't have to wait for tomorrow  
because there is always something I can change about myself today ... now.

Conversion is continual;  
it is always now.

It does take awareness  
It does need humility, and gentleness  
to change myself only  
and to do it now and always.

(I look at my Beloved,  
and my Beloved smiles and says,  
"I love you!")



“ Yesus adalah harapan kita. Tiada sesuatupun – tidak juga kejahatan atau kematian – yang mampu memisahkan kita dari kuasa keselamatan dalam kasihNya. ”

*Paus Fransiskus*

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### Sahabat Setia Yesus

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