



The ordinary becomes extraordinary

London, UK

Friday, 4-May-18

“ Love shows itself more in deeds rather than words

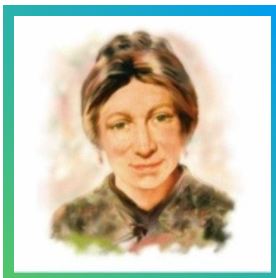
Spiritual Exercises of St Ignatius

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By Lynne, fcJ

I was being served in a cafe today when suddenly the woman who was serving me added an extra tray and began to prepare cups and cutlery – I realised quickly that it was for an elderly couple who were coming in, who are obviously ‘regulars’. The woman then continued to serve me and I went to sit down. Just a few minutes later an elderly man with Downs syndrome came in, and again the staff in the cafe immediately gave attention to him, joking and chatting as he placed his order. The atmosphere was lovely – clearly this is a place where community is built and friendships are formed.

It made me reflect – sometimes we feel that the big important actions that we do are what is ‘saving the world’... but maybe in reality the world is being saved moment by moment by all the tiny actions of peace, unity and community building. The world is being saved one cup of tea at a time.



“ Let us ask Our Lord to give us the spirit of the Society of Jesus; since we have its Constitutions, it is God's will that we should have its spirit. ”

Marie Madeleine d'Houët

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